

## Starters

### **Soup of the Day**

Served with a roll and Welsh butter - £2.95

### **Chicken Goujons**

Southern coated strips of chicken fillet served on a bed of mixed leaves accompanied with a bbq dip - £3.95

### **Garlic Mushrooms**

Sliced baby button mushrooms, pan fried in a homemade garlic butter and finished with double cream, served with bread and Welsh butter - £3.95

### **BBQ Ribs**

½ rack of finger licking baby back ribs, slow cooked in a sweet sticky bbq sauce - £4.25

### **Cockles & Laverbread**

Cockles, laverbread and julienne bacon in a creamy white sauce served in a short crust pastry case topped with Caerphilly cheese and gratinated - £4.95

# Family Favourites

## **Ham & Eggs**

Succulent home cooked ham served with a brace of free range eggs - £6.95

## **Lasagne Verdi**

Best of British mince beef cooked in a homemade tomato & herb sauce layered between sheets of pasta, topped with a rich cheese sauce, sprinkled with grated cheese & baked - £6.95

## **Beef & Ale Pie**

Tender chunks of beef, carrots & onions, slow cooked in a rich gravy & ale sauce, served with a puff pastry lid - £6.95

## **Chicken & Mango Curry**

Diced chicken fillet, marinated in authentic Indian spices and coconut milk slowly simmered with onions & tomatoes, sweetened with mango and served with rice & chips - £6.95

## **Cheese & Bacon Burger**

1/4lb beef burger topped with bacon & cheese, served in a floured roll with an onion ring stack - £6.95

# Chicken Dishes

## **Peppered Chicken**

A butterflied seasoned chicken fillet, napped with a homemade pepper sauce - £7.95

## **Welsh Chicken**

A prime chicken fillet sautéed bacon, leeks and mushrooms in a creamy white béchamel sauce - £8.95

## **Texas Chicken**

A pan fried chicken fillet topped with bbq sauce, grilled bacon, pineapple, cheese and oven baked until golden brown - £8.95

# Fish Dishes

## **Battered Cod**

Prime cod fillet cooked in our very own beer batter - £7.95

## **Scampi**

Pieces of whole tail scampi lightly breaded, deep fried and served with a wedge of lemon - £7.95

## **Cod & Parsley Sauce**

Fillet of cod served with a rich creamy parsley sauce - £7.95

## **Salmon Fillet**

A prime fillet of salmon, pan fried in a lemon & dill butter - £9.95

## **Salmon Extravaganza**

A fillet of salmon cooked to perfection topped with our very own cockles, laver bread & bacon sauce - £11.95

# The Grill

## **8oz Rump Steak**

A prime 8oz rump steak served with mushrooms, grilled tomato and onion rings - £8.95

## **Surf & Turf**

A prime 8oz rump steak served with a generous portion of scampi and a wedge of lemon - £10.95

## **Steak & Chicken Combo**

A prime 8oz rump steak served with a portion of southern fried chicken goujons and bbq sauce - £10.95

## **Steak & Ribs**

A prime 8oz rump steak accompanied with a ½ rack of finger licking pork ribs - £11.95

## **10oz Horseshoe Gammon**

A prime cut of horseshoe gammon cooked to perfection and served with egg, pineapple and onion rings - £9.95

## **Mexican Gammon**

A trimmed 10oz gammon steak topped with a mild salsa, Cheddar cheese and grilled - £10.95

## **Pork Valentine**

A butterflied pork loin steak served with apple sauce and grilled tomato - £8.95

## **Sweet Chilli Pork**

A grilled pork steak topped with a rasher of bacon, pineapple, smothered in a sweet chilli sauce & cheese - £9.95

## **Glynhir Pork**

A tender pork steak topped with a sweet homemade apple sauce, Welsh cheese & gratinated - £9.95

## **EXTRAS**

Pepper Sauce - £2.25

Sautéed Mushrooms - £2.45

Onion Rings - £1.95

Garlic Bread - £2.25

Cheesy Garlic Bread - £2.95

# Vegetarian Dishes

## **Stilton & Vegetable Crumble**

Broccoli, green beans, carrots, sweetcorn and cauliflower in a stilton sauce topped with a crisp topping - £8.95

## **Three Bean Smokey Chilli**

Black, cannellini and kidney beans cooked in a mildly spiced smokey sauce complimented with onions and peppers - £8.45

## **Glamorgan Sausages**

A delicious combination of chopped baby leeks, Caerphilly cheese and mature cheddar, enhanced with mixed herbs and delicate spices, served with a sweet chilli dip - £7.45

# Kids Menu

Nuggets

Sausage

Pizza

All served with chips, peas or beans - £4.95

